

NATIONAL CITY DEMONS



TRACK & FIELD

DEMON COACHES

JOE GUTIERREZ & JAIME ROMERO

INFORMATION

1. Practices will begin on Tuesday, February 7 @ 5:30 pm
2. Regular practice days will be Monday - Tuesday - Thursday.
3. Transportation to and from practice and to and from meets will be the responsibility of the parents. (* Entry fees for Track meets will be the responsibility of parents, these will be collected at the appropriate time for entry.
4. Spirit Pack of essential Track and Field items will be developed & made available for purchase (i.e. uniform, sweats, spiked shoes or training flats, T-shirt)

Tentative 2011 Youth Schedule

(San Diego Imperial Association has not published a final schedule yet, this based on previous years)

March 26	Mercury San Diego Invitational Mt Miguel High
April 9-10	FloJo International Invitational TBA
April 16-17	Millennium Express Meet Mira Mesa High
April 31-May 1	San Diego Mercury Invitational Mt Miguel High
May 7	'N Step Youth Track Meet TBA
May 14-15	San Diego Cheetahs Meet TBA
June 11-12	SDI-USTAF Jr Olympic Champ. TBA
June 24-26	Region 15 Jr Olympic Champ. TBA

REGISTRATION

1. Register your child at www.ncdiablos.com. Scroll down to the "Demons" logo, click and follow instructions to register with the San Diego USATF.

- A. Registration may be by mail or online.
- B. By mail you can send a copy of birth certificate.
- C. Association # is 44 (San Diego-Imperial)
- D. Club # is 0008
- E. Club Name is **National City "Demons" Track Club**

When you are registered, club officials will be able to access registration information online.

2. Age Divisions and corresponding birth years:

Sub-Bantam	5-8 yr. olds	2003-2006
Bantam	9-10 yr. old	2001-2002
Midget	11-12 yr. old	1999-2000
Youth	13-14 yr. old	1997-1998

Age group is determined by year of birth in USATF.

SPECIAL THANKS TO :

COACH R.T.LATHAM & A. GARCIA

SUHi TRACK AND FIELD



**2900 HIGHLAND AVENUE
NATIONAL CITY, CA 91950**

**619.342.1645 ph
619.342.1645 fax**

<http://www.ncdiablos.com/NCTRACK.html>



USATF Membership Application

New Member Renewal (from previous year – USATF Number _____)

Please print or type information

Last Name _____ First Name _____ Initial _____

Address _____

City _____ State _____ Zip Code _____

Sex M/F Age Today Date of Birth -- (MM-DD-YYYY – i.e.: 02-19-1958)

USA Citizen Yes No If no, country of Citizenship _____

Phone Number --

Club No. **0008** Club Name **NATIONAL CITY DEMONS** ASSOCIATION #44 CLUB # 0008

Email _____

(Your membership # will be emailed to you. Your email address will not be shared with anyone.)

Please check all appropriate sports codes here:

Track Field Road Running/LDR Cross Country Ultra-Marathon Mountain/Trail Race Walking

Membership Category Codes

AT

Please use the codes below – you may indicate one or more categories.

AT: Athlete

PA: Parent

DA: Disabled Athlete

OF: Official -uncertified

OA: Official – Association

CH: Coach-uncertified

ON: Official - National

CD: Developmental certified

OM: Official - Master

C1: Coach - Level 1 certified

AD: Administrator

C2: Coach - Level 2 certified

C3: Coach - Level 3 certified

By signature below, I, a prospective member of USA Track & Field, agree to abide by the applicable USATF Bylaws, Operating Regulations, and Competition Rules for my level(s) and category(ies) of membership.

Signature (If an athlete is under age 18, parent or guardian must sign)

Date of Application

-- (MM-DD-YYYY)

Important information: Memberships are on a calendar year basis, and expire on December 31. However, if you join between November 1 and December 31 of the current year, the membership will be valid for the following year as well.

Youth members: New or lapsed memberships must submit a copy of birth certificate or other ID.

Check here if you do not wish your address used as part of a direct mail list.

NATIONAL CITY DEMONS



JOIN ONLINE AT www.usatf.org/membership

You will receive your new Membership # – Instantly!!

Have your previous membership # and password ready as they will be needed for the renewal process

OPTION 1

MAIL TO YOUR LOCAL ASSOCIATION



USATF San Diego-Imperial
1511 Morena Blvd
San Diego, CA 92110

Adult Membership (19 yrs & over) \$ _____
\$ 30.00 (1-year) \$ 80.00 (3-years)
\$ 55.00 (2-years) \$ 100.00 (4-years)

OPTION 2

Youth Membership (18 yrs & under)
\$ 20.00 x _____ = \$ _____
of membership years

CONTRIBUTIONS (TAX DEDUCTIBLE) \$ _____

Please direct my contribution to LDR Youth

Masters T & F RW Association Programs

Unrestricted

TOTAL \$ _____

Please make checks payable to USATF.